

For a good cause: Volunteers preparing the ingredients to be used in the cookies that will be sold to raise funds for Rose Virginia Good Shepherd Centre in Ipoh.



Sustaining centre with sweet treats

Sale of festive goodies to supplement Ipoh shelter's income extended to Klang Valley

By **KATHLEEN MICHAEL**
kathleen@thestar.com.my



THIS Chinese New Year, Rose Virginia Good Shepherd Centre (RVGSC) in Ipoh will be extending its sale of homemade goodies to the Klang Valley.

The centre currently houses nine teenagers, providing temporary shelter for women and children who are facing difficult situations in their lives.

With the aid of its volunteers, the centre will be making different types of baked goods and snacks.

There are four types of cookies to choose from - Hazelnut Almond Chocolate, Cashew Nut, Morning Kisses and Snow Almond.

There will also be treats such as fruit cakes made with alcohol, mixed nuts, salted lime and honey concentrate, as well as salt fish pickle.

Pusat Kebajikan Good Shepherd executive director Theresa Symons said donations made up most of the centre's income but they also supplemented their income through the sale of food items during festive seasons and daily sales at their store in Hospital Fatimah in Ipoh.

"The centre also provides job opportunities

for women in need by having them make and sell items such as pastries like curry puffs and apple pies, at the store," said Theresa.

Proceeds from the sale will be used to sustain the centre's operations and programmes.

Among the centre's programmes are counselling, trauma management, literacy skills, social interaction and computer skills.

Cookies are sold at RM28, fruit cake of 1.2kg is priced at RM75, mixed nuts go for RM19, salted lime and honey concentrate are priced at RM23 (650ml) and RM15 (270ml), respectively, and salted fish pickle is RM15.

Aside from the individual items, they are also offering gift hampers at RM250 each.

The hamper contains four types of cookies, a fruit cake, a bottle of mixed nuts and a bottle of honey lime juice.

Orders for individual food items can be made from now until Feb 2 and collection is from Feb 12 to 15.

Last date for hamper orders is Jan 19 while collection is on Feb 5.

Collection can be made at Villamaria Good Shepherd Kindergarten, Lonong Setiabistari, 2 Medan Damansara, Kuala Lumpur.

For details, call 03-2095 7406 (Pusat Kebajikan Good Shepherd) or email info@goodshepherd.my



Doing all they can: The centre's salt fish pickle and salted lime and honey concentrate are available all year round.